TO BRING ALONG

WE SUGGEST A FLEXIBLE TRAVEL BAG

ADMINISTRATION

- D Foreigners traveling to Egypt : International passport (still valid for 6 months after returning home post travel)
- □ A tip at trip end for our Bedouin friends (EP or Euro)
- A copy of your travel assistance and health assurance

ACCOMODATION

- □ Towel(s) (fast drying), disposable washcloth , wet wipes
- Personal hygiene kit, toiletries, regular medicines are very handy in a separate small bag in which you can add your bottle with washing water an additional toothbrush & toothpaste might be useful in you small day backpack
- □ Some people adore a foldable washing bowl
- U Wet wipes / baby wipes to fresh up, cleaning hands, post toilet, ...
- □ Hand sanitizers and antibacterial hand gel
- □ Toilet paper or paper tissues combined with baby wipes
- □ Small plastic bags, we keep the desert clean and take all paper and wipes with us
- □ Sleeping bag (you can rent for 20€ per week)
- □ 1 person fitted sheet to cover your mattress, a couple might prefer 2 person fitted sheet and duvet iso sleeping bags
- pillow
- □ head torch to keep your hands free

MISCELLANEOUS / ALL KINDS OF

- U We drink from 1,5l bottle, if you wish you can take your own reusable water container
- □ Small backpack to carry water, sun cream, tissues, ... during hikes
- □ Sunglasses, sun cream, lip balm
- Insect repellent
- Travel pharmacy
- Plasters & disinfecting in case of abrasion
- Sleep mask & earplugs
- Ccamera + battery (keep in dust free bag)
- Mobile & powerbank
- Book if you like reading
- □ Notebook & pen to write down your reflections

CLOTHES

- Dress in layers, temperature vary between day and night with 15 à 20 degrees Warmest in summer could be around 35 ° and during winter at night 0°
- Long trousers and socks for camel trip
- □ Thin scarf to cover up against sun burn of to wet if too warm
- U Warm comfortable relax clothing for evenings, warm socks
- Windstopper, rain jacket
- Sun hat or cap
- □ Bathing suit (for oasis or if go to the sea)
- Comfortable footwear (solid hiking shoes & sandals / flip flops

PERSONAL PREFERENCES & CRAVING

□ When you specific preferences, diet, needs or cravings for snacks, chocolate, drinks, smokes ... please take along yourself, there are no shops in desert

TIPS

• Tips for camel drivers, taxi etc are included. We invite to provide at end of trip a tip to our Bedouin team. We suggest about 50 € but feel free. When you are very happy with their services and you live in abundance you can share Remember our Bedouin friends never know when they have next job. Tips and income will provide for an entire year and will be shared with their family and tribe. They have social security, pension or health insurance

FREE LUGGAGE SPACE ?

• You will bring great joy to Bedouin if you bring along clothes, jackets, shoes for kids & men, for women you can bring tshirts or sweaters that they can wear under their dresses, pens, pencils, notebooks toys, small backpacks,